

**ABSTRACT OF THE DISCLOSURE**

An objective of this invention is to provide a separator for a fuel cell whereby a fuel, air or cooling  
5 water can be evenly and efficiently fed. In a separator  
for a fuel cell comprising fuel channels 105 in one side  
and cooling water channels 106 in the other side, the  
region where the fuel channels 105 and the cooling water  
channels 106 are formed is rectangular. The fuel gas  
10 is fed from a first fuel-feeding manifold 107 and  
discharged from a first fuel-discharging manifold 109  
to the outside of the cell. The cooling water is fed  
from a first cooling-water-feeding manifold 111 and  
discharged from a first cooling-water-discharging  
15 manifold 113 to the outside of the cell.